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**Postgraduate Education:**

Columbia University Graduate School of Social Work  
*New York, NY — Masters of Science Social Work, Graduated May of 2005*

**College:**

McDaniel College  
*Westminster, MD — Bachelor of Science Social Work, Magna Cum Laude, Graduated May of 2003*

**Licensure:**

- Licensed Certified Social Worker (LCSW) State of NC # C010611
- Licensed Certified Social Worker – Clinical (LCSW-C) State of MD #15496

**Advanced Clinical Training:**

- Eye Movement Desensitization and Reprocessing (EMDR), Fall 2016
- Assessment and Treatment of Youth with Sexual Behavior Problems, Fall 2010 – Present
- Sandtray Therapy, Winter 2008 - Present

- Play Therapy, Winter 2008 - Present
- Critical Incident Stress Management (CISM), Winter 2010
- Managing Aggressive Behavior – Trainer, Winter 2009
- Trauma Focused Cognitive Behavioral Therapy, Spring 2007

### **Clinical Trainings Presented:**

- Introduction to Psychosexual Evaluation and Risk Assessment, The Counseling Center, Winter 2017
- Sandtray Therapy for Beginner/Intermediate Level Clinicians, The Counseling Center, Fall 2016 & Winter 2017
- Using Non-Direct, Semi-Direct, and Directed Sandtrays with Clients, Good Shepherd Services, Fall 2015
- Sexually Reactive, Mutual Sexual Behavior, or Sexually Aggressive? – A Continuum of Treating Children with Sexual Behavior Problems, Good Shepherd Services, Winter 2015
- Introduction to Sandtray Therapy, Good Shepherd Services, Winter 2015
- Avoiding Power Struggles with Youth, Good Shepherd Services, Fall 2014
- Introduction to Sandtray Therapy, The Counseling Center, 2012
- Evaluating & Treating Children with Sexual Behavior Problems, Johns Hopkins Bayview Medical Center, 2012
- Managing Aggressive Behavior, Arrow Diagnostic Center, Spring 2009
- Trauma and Aggression, Arrow Diagnostic Center, Summer 2009

### **Work Experience:**

Child, Adolescent, and Family Therapist – Private Practice

*The Counseling Center, Towson, MD*

*Summer 2012 – Spring 2017*

Provide outpatient mental health counseling to parents, children, adolescents, and families. Treatment areas of focus include disruptive behavior problems of childhood and adolescence, parent-child conflict, sibling conflict, traumatic events, anxiety disorders, physical abuse, neglect, sexual abuse, sexual behavior problems in children & adolescents, grief & loss, developmental struggles, life transitions, and divorce. Individual, group, and family counseling sessions provided. Parenting seminars offered monthly on a variety of topics including managing negative behavior,

balancing a firm and nurturing parenting approach, child and adolescent development, the adolescent brain, and avoiding power struggles. Additionally, provide initial psychosexual evaluations as well as on going risk assessments for children, adolescents, and young adults with sexual behavior problems.

#### Evaluator and Therapist for Youth With Sexual Behavior Problems

*Baltimore County Department of Social Services – Sexual Abuse Treatment Program; Towson, MD  
Fall 2010 – Spring 2014*

Evaluated juveniles and young adults with sexual behavior problems. Completed forensic psychosexual evaluations for The Court which included a thorough biopsychosocial history, mental status exam, diagnostic impressions which at times included the diagnosis of disorders of sexual deviancy such as Pedophilia, Exhibitionism, Voyeurism, and Fetishism. Additionally, each evaluation included a risk statement of possible further offending behavior with a description of static and dynamic risk factors, protective factors, possible etiologies to the offending behavior, and treatment recommendations. Administered a variety of psychological testing including the Trauma

Symptom Checklist for Children (TSCC), Child Sexual Behavior Inventory (CSBI), Devereux, Reynolds Adolescent Depression Scale (RADS), and Internet Sex Screening Text (adult and adolescent version). Trained to utilize the ABEL Assessment for Sexual Interest. Administered the ABEL and augmented diagnoses, risk statements, and treatment recommendations based on results.

Risk assessment tools utilized: Structured Assessment of Violence Risk in Youth (SAVRY), Juvenile Risk Assessment Tool (J-RAT), Estimate of Risk of Adolescent Sexual Offence Recidivism (ERASOR), and Juvenile Sex Offender Assessment Protocol – II (J-SOAP-II). Co-lead peer groups for treatment purposes and maintained a caseload of individual clients. Addressed clinical issues of sexual victimization/sexual trauma as relevant to individual client histories.

#### Mobile Crisis Clinician

*Baltimore County Crisis Response; Towson, MD  
Winter 2009-Winter 2011*

Partnered with a Baltimore County Police Officer and responded to all 911 calls involving mental health crises. Provided risk assessments of suicidal/homicidal ideations and/or the rapid deterioration of mental

status. Determined appropriate course of action in high-risk situations. Wrote Emergency Petitions. Created a crisis plan when appropriate. Assisted with linking clients to affordable mental health services and/or case management. Filed reports with Child Protective Services or Adult Protective Services as needed.

### Treatment Specialist III

*Arrow Diagnostic Center; Baltimore, MD*

*Winter 2008-Fall 2010*

Provided individual, group, and family counseling to youth and their families. Maintained a caseload of adolescents. Incorporated TF-CBT and Sandtray treatment modalities supplemented by experiential art and play interventions. Created and implemented treatment plans based on individual and family needs. Completed a thorough psychosocial assessment, which included diagnostic impressions with placement/treatment recommendations. Used ongoing therapeutic crisis intervention and risk assessment. Facilitated monthly trainings for paraprofessionals on the following topics: Mandated Reporting, Stress Management, Managing Aggressive Behavior, Trauma and Aggression. Served as a Field Instructor providing supervision for graduate students seeking their MSW.

### Therapist

*The Woodbourne Children's Diagnostic and Treatment Center; Baltimore MD*

*Fall 2007-Winter 2009*

Provided individual, group, and family counseling to youth and their families. Created and implemented treatment plans based on individual as well as family needs. Completed a thorough psychosocial assessment for each youth served. Assessments included diagnostic impressions and placement/treatment recommendations. Used therapeutic crisis intervention and risk assessment as needed. Served as a Field Instructor providing supervision for graduate students seeking their MSW.

### School Social Worker

*Board of Childcare Strawbridge School; Baltimore MD*

*Fall 2005-Fall 2007*

Worked with students with histories of complex trauma and severe behavior problems; students were unable to be safely maintained in

the public school setting. Provided individual, group, and family counseling. Completed treatment plans as well as psychosocial assessments. Participated in IEP meetings. Provided case management, discharge planning, transition planning.

**Professional Memberships:**

- American Professional Society on the Abuse of Children (APSAC)
- Association for Play Therapy (APT)
- Association for the Treatment of Sexual Abusers (ATSA) - Eligible